Popple Shoot Trail Races - 62K								
	Distance - Cumulative (Miles)	Distance - To Next AS (Miles)	Type of AS	Cutoff	Drop Bags			
Start - Wild River Campground	0.0							
Popple Shoot Trail	3.4	3.4	Water Only	NO	NO			
Salisbury Road	7.9	4.5	Full	NO	NO			
Wozny Road	11.1	3.2	Full	NO	NO			
John Waggoner road	17.6	6.5	Full	No	YES			
Stoney Brook trail	21.3	3.7	Full	NO	NO			
Hall road - Shelter	27.2	5.9	Full	YES (4 PM)	YES			
Taylor Lake Road	33.0	5.8	Full	NO	YES			
Finish – Wild River Campground	38.7	5.7						

Popple Shoot Trail Races - 25K								
	Distance - Cumulative (Miles)	Distance - To Next AS (Miles)	Type of AS	Cutoff	Drop Bags			
Start - Wild River Campground	0.0	, ,						
Popple Shoot Trail	3.4	3.4	Water Only	NO	NO			
Salisbury Road	7.9	4.5	Full	NO	NO			
Popple Shoot Trail	12.4	4.5	Water Only	NO	NO			
Finish – Wild River Campground	15.8	3.4						